

Anchor/Chipnee Trails Girls Camp Dress Code

The way you dress reflects who you are and your dignity as a person. In order to encourage campers to recognize the value of displaying their inner selves rather than their bodies through the clothes they wear, staff must set an example. These guidelines have been drawn up based on suggestions from our association of Girls Camps across Canada. Staff are required to adhere to them throughout their stay at camp and encourage campers to follow them.

1. Clothes should be appropriate for active movement. Proper footwear must be worn. Running shoes are ideal, or sandals with back strap. No flip flops (common cause for twisted ankles, slivers, etc)
2. Tops should be long enough to ensure that no midriff is being shown.
3. T-shirts should be in good taste, without inappropriate messaging.
4. If wearing tight shorts or leggings (yoga pants, biker shorts), wear a long shirt that covers the bum.
5. Undergarments (including bras) are to be covered. No spaghetti strap and halter tops.
6. Shorts should be at least mid-thigh length. (As a guide, strive to have shorts be the length of the end of fingertips when arms relaxed); "Bermuda" shorts are easiest to find in this length.
7. Sleepwear should adhere to the above guidelines and avoid transparencies.
8. Bathing suits must be a modest one-piece (i.e. no exposed midriff).

****Please remember that extra care should be taken to dress appropriately and neatly for daily Mass. If a camper does not have anything appropriate to wear, they can always wear their camp t-shirts.**

The camp directors are always ready to assist if you have any difficulty in following these guidelines. The Directors will have a few spare shorts or Tshirts that are appropriate for staff to wear should it be needed.

A great article on the "why" behind the efforts put into discussing and enforcing a Camp Dress Code.

[Educating in Modesty \(1\) - Opus Dei](#)

[Educating in Modesty \(2\) - Opus Dei](#)